

# Dine out with Ego

**2 COURSES FOR £17.95 OR**

**3 COURSES FOR £22.95**

**AVAILABLE**

**MONDAY – THURSDAY ALL DAY &  
FRIDAY & SATURDAY UNTIL 5PM**

**ENJOY A FURTHER 20% OFF EVERY  
WEDNESDAY WITH EGO CLUB\***

## STARTERS

### **SOUP DU JOUR v**

Soup of the day served with baked  
sourdough 254 Kcal

### **CALAMARI FRITTI**

Paprika floured, pineapple scored squid,  
roasted garlic aioli & fresh lemon 290 Kcal

### **GARLIC MUSHROOMS v**

Sautéed chestnut, oyster & flat  
mushrooms with roasted garlic, lemon  
& parsley cream and grilled sourdough  
520 Kcal

### **GAMBAS AL PIL PIL + 2.00**

7 King prawns pan-fried with garlic & chilli  
olive oil, with grilled sourdough 862 Kcal

### **DUCK LIVER PATE \***

With a fig & honey chutney, rosemary  
focaccia and golden saffron shallots  
542 Kcal

### **CHARGRILLED MERGUEZ SPICED LAMB KÖFTAS**

Served with charred carrot, orange &  
chickpea salad, tzatziki & toasted pitta  
461 Kcal

## MAIN COURSES

### **PAN-FRIED SEA BASS FILLETS + 1.00**

With baby potatoes, roasted chorizo,  
cherry tomatoes, red onion &  
rocket 831 Kcal

### **MOROCCAN-STYLE LAMB n**

Slow-cooked spiced lamb with  
vegetables, cous cous, pickled golden  
shallots and flaked almonds, served with  
toasted pitta breads & tzatziki 1890 Kcal

### **MOROCCAN-STYLE FALAFEL v n**

With spiced vegetables, cous cous,  
pickled golden shallots and flaked  
almonds, served with toasted  
pitta breads & tzatziki 1416 Kcal

### **LEMON CHICKEN MILANESE \***

Crispy breaded chicken with rocket,  
sun-dried tomato & Grana Padano  
salad, finished with lemon, caper & chilli  
dressing, served with skin-on fries 1191 Kcal

### **PAN-ROASTED CHICKEN SUPRÊME \***

With pea & tarragon gnocchi, charred  
leeks and a wild mushrooms & truffle  
sauce 615 Kcal

### **DUO OF PORK \* + 2.00**

Prosciutto-wrapped pork fillet & honey-  
glazed belly pork, with charred hispi  
cabbage, pancetta, pommes purée  
and a white wine & wholegrain mustard  
sauce 1298 Kcal

### **BAKED GNOCCHI v**

Oven-baked gnocchi in a rich tomato,  
roasted garlic & Calabrian chilli sauce,  
with charred Mediterranean style  
vegetables. Finished with mozzarella,  
whipped ricotta and a crisp  
pangrattato topping 635 Kcal

### **PEPPERONI PIZZA**

Classic pepperoni pizza 1126 Kcal



## 21 DAY AGED STEAKS

We proudly partner with our trusted family butcher, Althams, to bring you only the finest cuts of beef.

Each steak is expertly chargrilled to your liking and served with confit tomato, grilled mushroom, crispy onion rings, dressed rocket & skin-on fries

**8oz SIRLOIN** 1076 Kcal + 6.00

**8oz RUMP** 1115 Kcal + 3.00

Swap to Truffle & Grana Padano Fries 505 Kcal + 2.00

Swap to Sweet Potato Fries **v** 352 Kcal + 2.00

Add Peppercorn Sauce \* 32 Kcal 2.50

Add Bordelaise Sauce \* 47 Kcal 2.50

Add King Prawns 124 Kcal 3.95

## PAELLA & PASTA

Inspired by the vibrant flavours of Spain, our paella is rich with flavour and tradition.

### PAELLA CARNE **^**

Classic Spanish-style paella with chicken, chorizo, mixed peppers, green beans and peas 784 Kcal

### PAELLA VERDURAS **^ ve**

Classic Spanish-style paella with artichoke, charred courgette, onion, peppers, green beans and peas 442 Kcal

### SPAGHETTI CARBONARA

Spaghetti tossed with crispy pancetta and creamy Gran Moravia sauce 1245 Kcal

## CHARGRILLED KEBABS

All served with home-made tzatziki, a warm flatbread and your choice of a Greek-style salad or chargrilled vegetables.

**SEASONED CHICKEN** 754 Kcal

### CYPRIOT HALLOUMI \* **v**

With lemon, caper & chilli dressing 946 Kcal

### MIXED KEBAB + 3.00

Chicken, Piri-Piri pork loin, chorizo & spiced lamb rump 1161 Kcal

Add Skin-On Fries **ve** 445 Kcal 4.25

Add Sweet Potato Fries **v** 352 Kcal 5.25

Add Truffle & Grana Padano Fries 505 Kcal 5.25

Add Halloumi Fries with Calabrian Chilli Honey **v** 504 Kcal 5.95

Add Calabrian Chilli Honey Sauce **v** 222 Kcal 1.00

Add Roasted Garlic Aioli **v** 163 Kcal 1.00

Add Mojo Rojo Sauce **ve** 175 Kcal 1.00

## SIDES

**SKIN-ON FRIES** **ve** 445 Kcal 4.25

**SWEET POTATO FRIES** **v** 352 Kcal 5.25

**TRUFFLE & GRANA PADANO FRIES** 505 Kcal 5.25

**TENDERSTEM® BROCCOLI** **v n** 5.25

With whipped ricotta & almonds 239 Kcal

**HALLOUMI FRIES & CALABRIAN CHILLI HONEY** **v** 504 Kcal 5.95

\*See website for full terms & conditions.

## DESSERTS

### LEMON TART **v**

Served with raspberry coulis and raspberry sorbet 469 Kcal

### STICKY TOFFEE PUDDING **v**

Warm date sponge pudding, toffee sauce and vanilla flavour ice cream 1038 Kcal

### APPLE, FIG & GINGER CRUMBLE **v**

Served with vanilla flavour ice cream or custard 558 Kcal

### CLASSIC CRÈME BRÛLÉE **v**

Silky vanilla custard topped with a crisp caramelised sugar crust, served with amaretti biscuits 407 Kcal

### TRIPLE CHOCOLATE BROWNIE **v**

Served warm with chocolate flavoured sauce and salted caramel flavour ice cream 794 Kcal

### TRIO OF DESSERTS **v n** + 2.00

Pistachio & sour cherry Eton Mess, classic crème brûlée with amaretti biscuit and apple & fig crumble with vanilla flavour ice cream 719 Kcal

### JUDE'S FARM SORBET **ve**

Choice of 3 scoops of mango 74 Kcal, raspberry 68 Kcal or blood orange sorbet 84 Kcal

### GRANDPA GREENE'S LUXURY ICE CREAM **v**

Choice of 3 scoops of vanilla flavour 171 Kcal, chocolate, 178 Kcal strawberry flavour 167 Kcal, cherry flavour 173 Kcal, honeycomb 154 Kcal, or salted caramel flavour 141 Kcal

## DIETARY INFORMATION

Our food and drinks are prepared in food areas where cross-contamination may occur and our menu descriptions do not include all ingredients. If you have a food allergy, dietary requirement, or a question about our ingredients, please speak to a member of our staff before you place your order. Our menu descriptions do not include all ingredients or allergens.

**v** = made with vegetarian ingredients. **ve** = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. **n** = this dish contains nuts. **\*** = this dish contains alcohol. **A** = paellas are not suitable for children.

Fish dishes may contain small bones. Weights stated are approximate uncooked weights. Live nutrition information is available online. All items are subject to availability. Due to the presence of nuts in some products, there is a small possibility that nut traces may be found in any of our menu items. For parties of 8 or more, a discretionary 10% service charge will be added to the bill.

*Keep up to date* Follow us at @egomediterranean

