

Little Egos

Under 6's
2 courses £9.95

MAIN COURSES

ROAST CHICKEN BREAST 104 Kcal

BREADED CHICKEN 134 Kcal

BATTERED FISH GOUJONS 122 Kcal

All of the above served with skin-on
fries 167 kcal or baby potatoes 62 kcal
& peas 29 kcal or salad 18 kcal

**SPAGHETTI OR PENNE WITH
TOMATO SAUCE** **ve** 171 Kcal

**SPAGHETTI OR PENNE WITH CHICKEN
& CHEESE CREAM SAUCE** 403 Kcal

All of the above served with
a side salad

PIZZA

MARGHERITA PIZZA **v**

Tomato & mozzarella 262 Kcal

MAKE YOUR OWN PIZZA **v**

A pizza base with tomato sauce &
mozzarella delivered to your table
to make your own pizza. 262 Kcal
Choose any 2 of the following
toppings to add:

Chicken 26 Kcal / Mushrooms **v**
3 Kcal / Pineapple **v** 20 Kcal /
Roast Peppers **v** 12 Kcal

We will then whisk it away to cook
before bringing your pizza back
to enjoy!

All of the above served with
a side salad

**SEE OUR BACK PAGE FOR YOUR CHOICE
OF LITTLE & JUNIOR DESSERTS**

Junior Egos

Under 12's

2 courses £12.95 / 3 courses £15.95

STARTERS

HUMMUS **ve**

Toasted pitta bread 491 Kcal

HALLOUMI FRIES WITH HONEY **v**

325 Kcal

STONEBAKED GARLIC

PIZZA BREAD **v** 332 Kcal

Vegan option available

SOUP DU JOUR **v**

Soup of the day served with
baked sourdough 165 Kcal

STONEBAKED GARLIC PIZZA

BREAD WITH TOMATO **v** 341 Kcal

Vegan option available

CALAMARI FRITTI 178 Kcal

MAIN COURSES

4oz RUMP STEAK 215 Kcal

SAUTÉED SEA BASS FILLET 220 Kcal

BATTERED FISH GOUJONS 185 Kcal

SALMON & DILL FISHCAKE 324 Kcal

ROAST CHICKEN BREAST 207 Kcal

BREADED CHICKEN 201 Kcal

All of the above served with skin-on
fries 167 kcal or new potatoes 62 kcal
& peas 29 kcal or salad 18 kcal

PENNE OR SPAGHETTI WITH

TOMATO SAUCE **ve** 270 Kcal

SPAGHETTI OR PENNE WITH

CHICKEN & CHEESE CREAM

SAUCE 653 Kcal

PIZZA

MARGHERITA PIZZA **v**

Tomato & mozzarella 379 Kcal

MAKE YOUR OWN PIZZA **v**

A pizza base with tomato sauce &
mozzarella delivered to your table
to make your own pizza. 379 Kcal
Choose any 2 of the following
toppings to add:

Chicken 26 Kcal / Mushrooms **v**

3 Kcal / Pineapple **v** 20 Kcal /

Roast Peppers **v** 12 Kcal

We will then whisk it away to cook
before bringing your pizza back
to enjoy!

All of the above served with
a side salad

DESSERTS

FRESH FRUIT **ve**

Pieces of apple, orange, strawberry & raspberry 76 Kcal

GRANDPA GREENE'S ICE CREAM **v**

Choice of 2 scoops of vanilla flavour 119 Kcal, chocolate 127 Kcal or strawberry flavour 131 Kcal ice cream

JUDE'S FARM SORBET **ve**

Choice of 2 scoops of mango 74 Kcal, raspberry 68 Kcal or blood orange 84 Kcal sorbet

TRIPLE CHOCOLATE BROWNIE **v**

Served warm with chocolate flavoured sauce & vanilla flavour ice cream 407 Kcal

CHURROS

Dusted with sugar and served with chocolate flavoured sauce 231 Kcal

JUNIOR & LITTLE EGOS DRINKS

CAWSTON KIDS APPLE & MANGO 200ml 52 Kcal 2.20

CRANBERRY JUICE 80 Kcal 2.95

APPLE JUICE 175 Kcal 2.95

ORANGE JUICE 159 Kcal 2.95

PINEAPPLE JUICE 207 Kcal 2.95

CAWSTON KIDS APPLE & SUMMER BERRIES 200ml 50 Kcal 2.20

GLASS OF MILK **v** 120 Kcal 1.50

DIETARY INFORMATION

Our food and drinks are prepared in food areas where cross-contamination may occur and our menu descriptions do not include all ingredients. If you have a food allergy, dietary requirement, or a question about our ingredients, please speak to a member of our staff before you place your order. Our menu descriptions do not include all ingredients or allergens.

v = made with vegetarian ingredients. **ve** = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server.

Fish dishes may contain small bones. Weights stated are approximate uncooked weights. Live nutrition information is available online. All items are subject to availability. Due to the presence of nuts in some products, there is a small possibility that nut traces may be found in any of our menu items. For parties of 8 or more, a discretionary 10% service charge will be added to the bill. Our kids' main meals now contain no more than 1.71g of salt and comply with Government Salt Targets for 2024.

Keep up to date Follow us at @egomediterranean

