

# Welcome to Ego

## FOR THE TABLE

**GORDAL OLIVES** **ve** 107 Kcal 3.95

**BAKED SOURDOUGH BOULE, EXTRA VIRGIN OLIVE OIL & BALSAMIC VINEGAR** \* **ve** 1126 Kcal 5.95

**MARCONA SALTED ALMONDS** **ve n** 386 Kcal 3.95

**STONEBAKED GARLIC PIZZA BREAD** **ve** 856 Kcal 7.25

with **TOMATO** **ve** 876 Kcal 7.95

with **TOMATO and MOZZARELLA-STYLE VIOLIFE** **ve** 966 Kcal 8.95

with **MOZZARELLA-STYLE VIOLIFE** **ve** 1036 Kcal 8.50

## STARTERS



**GARLIC MUSHROOMS** **ve** 8.50

Sautéed chestnut, oyster & flat mushrooms with garlic, lemon & parsley on grilled sourdough 249 Kcal

**GRILLED PITTA, CRUDITÉS & DIPS** **ve** 6.95

Hummus and mojo rojo dip 610 Kcal

**SPICED FALAFEL** **ve** 8.50

Served with charred carrot, orange & chickpea slaw, hummus and toasted pitta 417 Kcal

## SIDES

**SKIN-ON FRIES** **ve** 445 Kcal 4.25

**MOROCCAN INSPIRED SPICED CARROTS, HUMMUS, PICKLED GOLDEN SHALLOTS** **ve** 5.75

Sweet, spiced carrots served with hummus and tangy pickled golden shallots 235 Kcal

**TENDERSTEM® BROCCOLI** **ve n** 5.25

Cured lemon and almonds 139 Kcal

**PATATAS BRAVAS** \* **ve** 263 Kcal 5.95

## DIETARY INFORMATION

Our food and drinks are prepared in food areas where cross-contamination may occur and our menu descriptions do not include all ingredients. If you have a food allergy, dietary requirement, or a question about our ingredients, please speak to a member of our staff before you place your order. Our menu descriptions do not include all ingredients or allergens.

**v** = made with vegetarian ingredients. **ve** = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. **n** = this dish contains nuts. \* = this dish contains alcohol. **^** = paellas are not suitable for children.

Fish dishes may contain small bones. Weights stated are approximate uncooked weights. Live nutrition information is available online. All items are subject to availability. Due to the presence of nuts in some products, there is a small possibility that nut traces may be found in any of our menu items. For parties of 8 or more, a discretionary 10% service charge will be added to the bill.

## HOUSE FAVOURITES

**PAELLA VERDURAS** **^ ve** 17.50 for one / 34.95 for two

Classic Spanish-style paella with artichoke, charred courgette, onion, peppers, green beans and peas 442 Kcal / 868 Kcal

**BAKED GNOCCHI** **ve** 18.95

In a rich tomato, roasted garlic & Calabrian chilli sauce, with charred Mediterranean-style vegetables. Finished with Mozzarella-style Violife and crisp pangrattato 536 Kcal

**MOROCCAN-STYLE FALAFEL** **ve n** 19.25

With spiced vegetables, cous cous, pickled golden shallots & flaked almonds, served with toasted pitta & hummus 1467 Kcal

**CARAMELIZED ONION & ROASTED PEPPER PIZZA** \* **ve** 14.95

Roasted & roquito® peppers, with caramelized onions, Mozzarella-style Violife, tomato and fresh rocket 905 Kcal

**MARGHERITA PIZZA** **ve** 14.50

Tomato, Mozzarella-style Violife, fresh basil 772 Kcal

## DESSERTS

**RASPBERRY, FRANGIPANE & ALMOND TART** **ve n** 8.25

Served with vegan vanilla ice cream and raspberry coulis 456 Kcal

**FRESH FRUIT SALAD** **ve** 6.50

Strawberries, raspberries, apple & oranges 135 Kcal

**JUDE'S FARM VEGAN ICE CREAM** **ve** 7.50

Choice of 3 scoops of vanilla 128 Kcal  
or chocolate 127 Kcal

**JUDE'S FARM SORBET** **ve** 7.50

Choice of 3 scoops of mango 74 Kcal,  
raspberry 68 Kcal or blood orange sorbet 84 Kcal

**APPLE, FIG & GINGER CRUMBLE** **ve** 8.50

Served with vegan vanilla ice cream 567 Kcal



## Did you know?

Our delicious Gordal olives come from Seville in the Andalucia region of Spain. These olives are crisp, tangy and juicy and are Spain's largest olives, making them a perfect appetiser.



## Our Favourites

## Keep up to date

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