

## BRUNCH

### EGO BREAKFAST 13.50

Cumberland sausage, dry cured back bacon, flat mushroom, vine tomato, black pudding, beans, hash brown & choice of eggs with toasted bloomer 1113 Kcal

### EGO VEGGIE BREAKFAST v 13.50

Grilled Halloumi, courgette & sweetcorn fritters, flat mushroom, vine tomato, beans, hash brown and choice of eggs with toasted bloomer 1416 Kcal

**Vegan option available**

### AVOCADO ON TOAST v 8.95

Smashed avocado with coriander, lime & chilli, with poached eggs 627 Kcal

### BUTTERMILK PANCAKES 8.95 / 10.95

3 or 5 American style pancakes served with:

Dry cured back bacon & maple syrup 835 Kcal / 1079 Kcal  
or

Fresh fruit & berries, Greek yoghurt & maple syrup v 682 / 927 Kcal

### EGGS ROYALE 10.95

Two poached eggs, smoked salmon & hollandaise sauce served on a toasted muffin 615 Kcal

### EGGS FLORENTINE v 10.95

Two poached eggs, wilted spinach & avocado with hollandaise sauce served on a toasted muffin 750 Kcal

### EGGS BENEDICT 10.95

Two poached eggs, ham & hollandaise served on a toasted muffin 692 Kcal

### GREEK YOGHURT & BERRY COMPOTE v n 6.95

With fruit & toasted nut granola 271 Kcal

### SMOOTHIE BOWL v n 7.95

Raspberry, strawberries & blueberries blended with banana and Greek yoghurt, topped with toasted nut granola & fresh berries 399 Kcal

### CROISSANT 371 Kcal 3.50

## EXTRAS

### SAUSAGE 217 Kcal 2.00

### BACON 172 Kcal 2.00

### HASH BROWN v 227 Kcal 2.00

### 2 EGGS v 152 Kcal 2.00

### HALLOUMI v 398 Kcal 2.00

### AVOCADO v 172 Kcal 2.00



# HOT DRINKS

Milk alternatives available

- BREAKFAST TEA** 24 Kcal 3.00
- EARL GREY** 3.00
- GREEN TEA** 3.00
- PEPPERMINT TEA** 3.00
- MOCHA** 216 Kcal 3.65
- AMERICANO BLACK** 54 Kcal 3.50
- CAPPUCCINO** 159 Kcal 3.95
- FLAT WHITE** 114 Kcal 3.95
- CAFFE LATTE** 151 Kcal 3.95
- HOT CHOCOLATE** v 438 Kcal 4.00
- MACCHIATO** 78 Kcal 3.65
- ESPRESSO** 54 Kcal 3.00
- DOUBLE ESPRESSO** 108 Kcal 3.50

# JUICE

- ORANGE JUICE** 2.95
- PINEAPPLE JUICE** 2.95
- CRANBERRY JUICE** 2.95
- APPLE JUICE** 2.95

# UNDER 10'S

- EGO BREAKFAST** 6.95  
Cumberland sausage, dry cured back bacon, beans, hash brown and choice of egg with toasted bloomer 544 Kcal
- EGO VEGGIE BREAKFAST** v 6.95  
Flat mushroom, vine tomato, beans, hash brown and choice of eggs with toasted bloomer 462 Kcal
- BEANS ON TOAST** v 4.95  
Served on toasted white bloomer 290 Kcal
- EGGS ON TOAST** v 4.95  
Your choice of eggs served on toasted bloomer 245 Kcal
- BUTTERMILK PANCAKES** 4.95  
2 American style pancakes served with dry cured back bacon & maple syrup or fresh fruit & berries, Greek yoghurt & maple syrup 604 Kcal / 413 Kcal

Adults need around 2000 kcal a day.

## DIETARY INFORMATION

v = vegetarian n = contains nuts