APPETISERS		MAIN COURSES	
STONEBAKED GARLIC PIZZA BREAD v 821 kcal with TOMATO v 829 kcal with MOZZARELLA v 1004 kcal	£4.95 £5.95 £6.25	LEMON CHICKEN MILANESE Rocket, sundried tomato & Grana Padano salad, lemon caper chilli dressing and skin-on fries 1351 kcal	£15.25
with 1/2 MOZZARELLA & 1/2 TOMATO v 916 kcal	£6.45	PAN-FRIED SEA BASS FILLETS With parmentier potatoes, roasted chorizo,	£16.95
BAKED SOURDOUGH BOULE, EXTRA VIRGIN OLIVE OIL, BALSAMIC VINEGAR & NETHEREND BUTTER * V 68 kcal	£3.25	cherry tomatoes, red onion & rocket 842 kcal	
with MIXED OLIVES * v 789 kcal	£5.75	CHARGRILLED CAULIFLOWER STEAK ve Served with a spiced fregola, olive & date salad,	£13.45
MIXED OLIVES ve 108 kcal	£3.25	preserved lemon, chilli & herb dressing, pomegranate & fresh coriander 594 kcal	
HALLOUMI FRIES with CHILLI HONEY v 445 kcal	£4.75	& ITESTI COTTAINGET 374 KCall	
CHARGRILLED PITTA with HUMMUS, SESAME & HAZELNUT DUKKA WITH GARLIC OIL ve n 682 kcal	£4.45	MOROCCAN-STYLE LAMB * n Slow cooked spiced lamb & vegetables, giant cous coupickled red onions & flaked almonds with toasted pitt & mint yoghurt 1998 kcal	
STARTERS		MOROCCAN-STYLE FALAFEL * v n	£15.25
SOUP DU JOUR v Soup of the day served with baked sourdough 163 kcal	£5.95	Spiced vegetables, giant cous cous, pickled red onions almonds with toasted pitta bread & mint yoghurt 1482	& flaked
SAUTÉED SCALLOPS Pea purée, Serrano ham crisps, sundried tomatoes & pea shoots 348 kcal	£9.95	PAN-ROASTED COD SUPRÊME * Served on a mushroom & truffle risotto with white w cream sauce 858 kcal	£17.25 ine
GARLIC MUSHROOMS v Sautéed chestnut, oyster & flat mushrooms with garlic, lemon & parsley cream and toasted baguette 464 kcal	£5.95	SIDES	
HARISSA SPICED CHICKEN *	C/ 0F	SKIN-ON FRIES v 356 kcal	£3.45
Served on a corn flatbread with shredded gem lettuce, apricot harissa, mint yoghurt, & pickled apricot salsa 466	£6.95	TRUFFLE & GRANA PADANO FRIES 417 kcal SWEET POTATO FRIES v 352 kcal	£4.25 £4.25
, , , , , , , , , , , , , , , , , , , ,		HALLOUMI FRIES with CHILLI HONEY v 443 kcal	£4.75
CALAMARI FRITTI Paprika floured squid rings, aioli & fresh lemon 261 kcal	£6.45	GARLIC & ROSEMARY PARMENTIER POTATOES V 244 kcal	£4.25
GOAT'S CHEESE & POACHED PEAR * v n	£6.95	GREEK-STYLE SALAD v 249 kcal	£4.25
Rolled in crushed hazelnuts served with cranberry port & orange chutney and dressed watercress 390 kcal		TENDERSTEM® BROCCOLI, GARLIC, CHILLI & TOASTED ALMONDS v n 120 kcal	£3.25
CHARGRILLED LAMB KÖFTAS Served with carrot, orange & raisin salad, mint yoghurt	£6.95	SAUTÉED GREEN BEANS, PICKLED APRICOT SALSA v 232 kcal	£4.25
& toasted pitta 537 kcal GAMBAS AL PIL PIL £7.50 /	(IO OE	MEDITERRANEAN-STYLE VEGETABLES & PESTO 196 kcal	£4.25
7 or 12 King prawns pan fried with garlic & chilli olive oil served with toasted baguette 900 kcal / 954 kcal		ROCKET & GRANA PADANO SALAD * 120 kcal	£4.25
KING PRAWN COCKTAIL * Poached prawns, shredded baby gem, cucumber & sundritomatoes with Marie Rose sauce & granary bread 412 kca			
CHICKEN LIVER & ROSEMARY PÂTÉ Clarified butter & pink peppercorns, toasted baguette	£6.45		

& spiced plum chutney 456 kcal

CHARGRILLED KEBABS

All skewered with red onion, courgette & peppers with mixed leaf salad, mint yoghurt & toasted pitta

MIXED KEBAB 300g Piri-piri chicken, chorizo, lamb rump & pork loin 1375 kcal	£19.65
PIRI-PIRI CHICKEN & CHORIZO 250g Piri-piri chicken & chorizo 1282 kcal	£17.75
PIRI-PIRI CHICKEN 200g Piri-piri chicken 1032 kcal	£15.95
CYPRIOT HALLOUMI v * Lemon caper chilli dressing 1127 kcal	£16.95
Truffle & Grana Padano fries	£4.25
Skin-on fries	£3.45
Sweet potato fries	£4.25
Halloumi fries with chilli honey	£4.75

STEAK FRITES

All chargrilled and served with confit tomato, grilled mushroom, salt & vinegar onion rings, dressed rocket & skin-on fries

227g SIRLOIN * 1011 kcal	£20.45
227g RUMP * 1050 kcal	£17.95
170g FILLET * 943 kcal	£24.45
280g RIBEYE * 1211 kcal	£23.45
Swap to truffle & Grana Padano fries	£1.50
Swap to sweet potato fries	£1.50
Garlic butter 160 kcal	£1.50
Peppercorn sauce 121 kcal	£2.00
King prawn skewers 113 kcal	£3.95

STONEBAKED SOURDOUGH PIZZA

MARGHERITA v Tomato, mozzarella, fresh basil 806 kcal	£10.95
SMOKED CHICKEN & PESTO Tomato, mozzarella, roquito peppers & red onion 1063 k	£12.45
GOAT'S CHEESE & CARAMELISED ONION * V Tomato, mozzarella, fire-roasted and roquito peppers & fresh rocket 1097 kcal	£12.45
PEPPERONI PICCANTE Tomato, mozzarella, pepperoni, sliced red chillies 1166 kc	£12.45
CREATE YOUR OWN PIZZA	£12.95

Add any 3 pizza toppings from above or listed below to a Margherita: 806 kcal

King prawns / Black olives / Chorizo / Pancetta

Mushrooms / Serrano ham / Artichokes / Pineapple

SUNDAY ROASTS Available all day

I Course £14.95 2 Courses £18.95 3 Courses £22.95

STARTERS

SOUP DU JOUR V

Soup of the day served with baked sourdough 163 kcal

GARLIC MUSHROOMS V

Sautéed field & wild mushrooms, garlic, lemon & parsley cream with toasted baguette 464 kcal

CHARGRILLED LAMB KÖFTAS

Served with carrot, orange & raisin salad, mint yoghurt & toasted pitta 537 kcal

GAMBAS AL PIL PIL (+£1.50)

7 King prawns pan-fried with garlic & guindilla chillies, served with toasted baguette 856 kcal

CALAMARI FRITTI

Paprika floured squid rings, aioli & fresh lemon 261 kcal

CHICKEN LIVER & ROSEMARY PÂTÉ

Clarified butter & pink peppercorns, toasted baguette & spiced plum chutney 456 kcal

MAIN COURSES

TRIO OF ROASTS (+ £4)

Rump of beef, pork fillet & roast chicken with pork, sage & onion stuffing 1229 kcal

AGED RUMP OF BEEF

Served pink with horseradish sauce 941 kcal

PAN-ROASTED PORK FILLET

Wrapped in Serrano ham, served with pork, sage & onion stuffing and apple sauce 1046 kcal

PAN-ROASTED CHICKEN SUPRÊME

With pork, sage & onion stuffing, & cranberry sauce 1091 kcal

ROAST LAMB RUMP * (+ £4)

Served pink with mint sauce 1171 kcal

SUN-DRIED TOMATO NUT ROAST v n ve*

Chopped walnuts, button mushrooms, sundried tomatoes & sunflower seeds 850 kcal

All served with roast potatoes, Yorkshire pudding, roasted carrots & parsnips, braised red cabbage *, green beans and homemade gravy.

SIDE ORDERS

CAULIFLOWER CHEESE to SHARE v 338 kcal	£4.95
PIGS IN BLANKETS 403 kcal	£4.95
GRATIN DAUPHINOISE v 400 kcal	£4.95
ROAST POTATOES v 209 kcal	£3.95
YORKSHIRE PUDDING V 140 kcal	£1.00

DESSERTS

Choose any dessert from our dessert menu

CHILDREN'S ROASTS

I Courses £10.95 add a dessert for £3

A junior version of Roast Beef, Chicken or Nut Roast.