

VEGAN MENU

APPETISERS

STONEBAKED GARLIC PIZZA BREAD 923 kcal	£6.75
GARLIC PIZZA BREAD with TOMATO 931 kcal	£7.95
GARLIC PIZZA BREAD with VEGAN CHEESE 1104 kcal	£8.45
½ VEGAN CHEESE & ½ TOMATO 1021 kcal	£8.95
MIXED OLIVES 108 kcal	£3.95

STARTERS

GARLIC MUSHROOMS Sautéed chestnut, oyster & flat mushrooms with garlic, lemon & parsley and toasted bread 230 kcal	£7.95
SPICED FALAFEL n Served with carrot, orange & raisin salad, hummus & toasted pitta 355 kcal	£7.95
CHARGRILLED PITTA with HUMMUS, SESAME & HAZELNUT DUKKA WITH GARLIC OIL n 682 kcal	£5.95

MAIN COURSES

CHARGRILLED CAULIFLOWER STEAK Served with a spiced fregola, olive & date salad, preserved lemon, chilli & herb dressing, pomegranate & fresh coriander 594 kcal	£17.95
MOROCCAN-STYLE FALAFEL * n Spiced vegetables, giant cous cous salad, pickled red onions & flaked almonds with toasted pitta bread & hummus 1433 kcal	£17.95
VEGETABLE PAELLA ▲ Artichoke, courgette, aubergine and tomato with mixed peppers, green beans & peas 769 kcal	£15.95
ROASTED MEDITERRANEAN-STYLE VEGETABLE LINGUINE Roasted Mediterranean-style vegetables in a garlic, chilli & tomato sauce 513 kcal	£15.95
MARGHERITA PIZZA Tomato, vegan cheese, fresh basil 771 kcal	£12.95
CARAMELISED ONION & ROASTED PEPPER PIZZA * Fire roasted & roquito peppers, vegan cheese, tomato & fresh rocket 914 kcal	£13.95

SIDES

SKIN-ON FRIES 356 kcal	£3.95
TENDERSTEM® BROCCOLI, GARLIC, CHILLI & TOASTED ALMONDS n 135 kcal	£4.45
ROAST MEDITERRANEAN-STYLE VEGETABLES 98 kcal	£4.95
GARLIC & ROSEMARY PARMENTIER POTATOES 169 kcal	£4.95

DESSERTS

RASPBERRY, FRANGIPANE & ALMOND TART n Served with vegan vanilla iced dessert & raspberry coulis 443 kcal	£7.75
FRESH FRUIT SALAD Strawberries, raspberries, apple & oranges 131 kcal	£6.50
RASPBERRY or BLOOD ORANGE SORBET 3 scoops served with fresh mint 167 kcal	£7.50
VEGAN ICED DESSERT Choice of 3 scoops of vanilla or chocolate 197 kcal	£7.25

PRIX FIXE MENU

Mon-Sat until 5.00pm

2 Courses £18.95 3 Courses £22.95

STARTERS

Garlic Mushrooms 230 kcal
Spiced Falafel n 355 kcal
Grilled Pitta with Hummus n 682 kcal

MAIN COURSES

Chargrilled Cauliflower Steak 594 kcal
Roasted Mediterranean-Style Vegetable Linguine 513 kcal
Margherita Pizza 771 kcal
Caramelised Onion & Roasted Pepper Pizza * 914 kcal
Vegetable Paella ▲ 769 kcal

DESSERTS

Fresh Fruit Salad 131 kcal
Raspberry or Blood Orange Sorbet 167 kcal
Vegan Iced Dessert 197 kcal