APPETISERS		MAIN COURSES	
STONEBAKED GARLIC PIZZA BREAD v 821 kcal with TOMATO v 829 kcal with MOZZARELLA v 1004 kcal	£6.75 £7.95 £8.45	LEMON CHICKEN MILANESE * Rocket, sundried tomato & Grana Padano salad, lemon caper chilli dressing and skin-on fries 1351 kcal	£18.50
with 1/2 MOZZARELLA & 1/2 TOMATO v 916 kcal	£8.95	PAN-FRIED SEA BASS FILLETS	£19.95
BAKED SOURDOUGH BOULE, EXTRA VIRGIN OLIVE OIL, BALSAMIC VINEGAR & NETHEREND	64.05	With parmentier potatoes, roasted chorizo, cherry tomatoes, red onion & rocket 842 kcal	
BUTTER * v 681 kcal with MIXED OLIVES * v 789 kcal	£4.95 £6.95	CHARGRILLED CAULIFLOWER STEAK ve	£17.95
MIXED OLIVES ve 108 kcal	£3.95	Served with a spiced fregola, olive & date salad, preserved lemon, chilli & herb dressing, pomegranate	
		& fresh coriander 594 kcal	
HALLOUMI FRIES with CHILLI HONEY V 445 kcal	£5.50	MOROCCAN-STYLE LAMB * n	£20.95
CHARGRILLED PITTA with HUMMUS, SESAME & HAZELNUT DUKKA WITH GARLIC OIL ve n 682 kc	al £5.95	Slow cooked spiced lamb & vegetables, giant cous coupickled red onions & flaked almonds with toasted pitt & mint yoghurt 1998 kcal	JS,
STARTERS		MOROCCAN-STYLE FALAFEL * v n	£17.95
SOUP DU JOUR v Soup of the day served with baked sourdough 163 kcal	£6.95	Spiced vegetables, giant cous cous, pickled red onions almonds with toasted pitta bread & mint yoghurt 1482	& flaked
SAUTÉED SCALLOPS	£12.95	PAN-ROASTED COD SUPRÊME *	£20.95
Pea purée, Serrano ham crisps, sundried tomatoes & pea shoots 348 kcal		Served on a mushroom & truffle risotto with white wine cream sauce 858 kcal	
GARLIC MUSHROOMS V	£7.95		
Sautéed chestnut, oyster & flat mushrooms with garlic, lemon & parsley cream and toasted baguette 464 kcal		SIDES	
HARISSA SPICED CHICKEN *	£8.25	SKIN-ON FRIES v 356 kcal	£3.95
Served on a corn flatbread with shredded gem lettuce		TRUFFLE & GRANA PADANO FRIES 417 kcal	£4.95
apricot harissa, mint yoghurt, & pickled apricot salsa 46	66 kcal	SWEET POTATO FRIES v 352 kcal	£4.95
CALAMARI FRITTI	£8.50	HALLOUMI FRIES with CHILLI HONEY v 443 kcal	£5.50
Paprika floured squid rings, aioli & fresh lemon 261 kcal		GARLIC & ROSEMARY  PARMENTIER POTATOES V 244 kcal	£4.95
GOAT'S CHEESE & POACHED PEAR * v n Rolled in crushed hazelnuts served with cranberry	£8.25	GREEK-STYLE SALAD V 249 kcal	£4.95
port & orange chutney and dressed watercress 390 kcal	I	TENDERSTEM® BROCCOLI, GARLIC, CHILLI & TOASTED ALMONDS v n 120 kcal	£4.45
CHARGRILLED LAMB KÖFTAS  Served with carrot, orange & raisin salad, mint yoghurt	£8.50 t	SAUTÉED GREEN BEANS, PICKLED  APRICOT SALSA v 232 kcal	£4.95
& toasted pitta 537 kcal		MEDITERRANEAN-STYLE VEGETABLES	
GAMBAS AL PIL PIL £9.25.  7 or 12 King prawns pan fried with garlic & chilli olive of served with toasted baguette 856 kcal / 910 kcal	/ £13.25 iil	& PESTO 196 kcal  ROCKET & GRANA PADANO SALAD * 120 kcal	£4.95 £4.95
KING PRAWN COCKTAIL * Poached prawns, shredded baby gem, cucumber & sund tomatoes with Marie Rose sauce & granary bread 412 kg			

& spiced plum chutney 456 kcal

# CHARGRILLED KEBABS

All skewered with red onion, courgette & peppers with mixed leaf salad, mint yoghurt & toasted pitta

MIXED KEBAB 300g Piri-piri chicken, chorizo, lamb rump & pork loin 1375 kcal	£25.50
PIRI-PIRI CHICKEN & CHORIZO 250g Piri-piri chicken & chorizo 1282 kcal	£21.50
PIRI-PIRI CHICKEN 200g Piri-piri chicken 1032 kcal	£19.50
CYPRIOT HALLOUMI v * Lemon caper chilli dressing 1127 kcal	£20.50
Truffle & Grana Padano fries Skin-on fries Sweet potato fries Halloumi fries with chilli honey	£4.95 £3.95 £4.95 £5.50

# STEAK FRITES

All chargrilled and served with confit tomato, grilled mushroom, salt & vinegar onion rings, dressed rocket & skin-on fries

227g SIRLOIN * 1011 kcal	£24.95
227g RUMP * 1050 kcal	£21.95
170g FILLET * 943 kcal	£29.95
280g RIBEYE * 1211 kcal	£28.50
Swap to truffle & Grana Padano fries	£1.50
Swap to sweet potato fries	£1.50
Garlic butter 160 kcal	£1.50
Garlic butter 160 kcal Peppercorn sauce 121 kcal	£1.50 £2.00

# STONEBAKED SOURDOUGH PIZZA

or listed below to a Margherita: 806 kcal

King prawns / Black olives / Chorizo / Pancetta

Mushrooms / Serrano ham / Artichokes / Pineapple

STONEBAKED SOURDOUGH PIZZA		
MARGHERITA v Tomato, mozzarella, fresh basil 806 kcal	£12.95	
SMOKED CHICKEN & PESTO Tomato, mozzarella, roquito peppers & red onion 1063	£14.95 kcal	
GOAT'S CHEESE & CARAMELISED ONION * v Tomato, mozzarella, fire-roasted and roquito peppers & fresh rocket 1097 kcal	£13.95	
PEPPERONI PICCANTE Tomato, mozzarella, pepperoni, sliced red chillies 1166 kg	£14.95	
CREATE YOUR OWN PIZZA Add any 3 pizza toppings from above	£15.95	

# SUNDAY ROASTS Available all day

# 2 Courses £21.95 / 3 Courses £25.95

#### **STARTERS**

# SOUP DU JOUR V

Soup of the day served with baked sourdough 163 kcal

### GARLIC MUSHROOMS V

Sautéed field & wild mushrooms, garlic, lemon & parsley cream with toasted baguette 464 kcal

### CHARGRILLED LAMB KÖFTAS

Served with carrot, orange & raisin salad, mint yoghurt & toasted pitta 537 kcal

### GAMBAS AL PIL PIL (+£1.50)

7 King prawns pan-fried with garlic & guindilla chillies, served with toasted baguette 856 kcal

#### **CALAMARI FRITTI**

Paprika floured squid rings, aioli & fresh lemon 261 kcal

### CHICKEN LIVER & ROSEMARY PÂTÉ

Clarified butter & pink peppercorns, toasted baguette & spiced plum chutney 456 kcal

# **MAIN COURSES**

## TRIO OF ROASTS (+ £4)

Rump of beef, pork fillet & roast chicken with pork, sage & onion stuffing 1229 kcal

#### AGED RUMP OF BEEF

Served pink with horseradish sauce 941 kcal

## PAN-ROASTED PORK FILLET

Wrapped in Serrano ham, served with pork, sage & onion stuffing and apple sauce 1046 kcal

# PAN-ROASTED CHICKEN SUPRÊME

With pork, sage & onion stuffing, & cranberry sauce 1091 kcal

# ROAST LAMB RUMP \* (+ £4)

Served pink with mint sauce 1171 kcal

## SUN-DRIED TOMATO NUT ROAST v n ve\*

Chopped walnuts, button mushrooms, sundried tomatoes & sunflower seeds 850 kcal

All served with roast potatoes, Yorkshire pudding, roasted carrots & parsnips, braised red cabbage \*, green beans and homemade gravy.

# SIDE ORDERS

CAULIFLOWER CHEESE to SHARE v 338 kcal	£4.95
PIGS IN BLANKETS 403 kcal	£4.95
GRATIN DAUPHINOISE v 400 kcal	£4.95
ROAST POTATOES v 209 kcal	£3.95
YORKSHIRE PUDDING V 140 kcal	£1.00

#### **DESSERTS**

Choose any dessert from our dessert menu

# **CHILDREN'S ROASTS**

## I Courses £10.95 add a dessert for £3

A junior version of Roast Beef, Chicken or Nut Roast.