



Espetada: meat-on-a-stick, the Portuguese way

Espetadas are a traditional dish originating from the Madeira region of Portugal, consisting of marinated chunks of beef or other meats hanging on large metal or wooden sticks and grilled over an open flame.

The meat is typically seasoned with garlic, salt, and bay leaves, giving it a savoury, aromatic flavour. Espetadas have their roots in Portuguese barbecue traditions and have evolved into a popular social dish, often served at family gatherings and festivals. Today, espetadas also feature vegetables, chicken and fish, reflecting their adaptation across different cuisines while maintaining their rustic, communal appeal.

At Ego, all of our kebab meats are sourced from Althams Butchers, located in Morecambe, near Lancaster. Collaborating closely with our culinary team, Althams crafts custom marinades for our kebab meats, including our signature peri-peri chicken, Moroccan-style marinated lamb rump, a distinctive pork rub, and Ego's own recipe chorizo, imported from Spain.

KEBAB EXPERIENCE

2 COURSES FROM £17.95 3 COURSES FROM £21.95

APPETISERS

CHARGRILLED PITTA with HUMMUS, SESAME & HAZELNUT
DUKKA WITH GARLIC OIL **ve n** £5.95

GARLIC PIZZA BREAD **v** £6.75

GARLIC PIZZA BREAD with MOZZARELLA **v** £8.45

HALLOUMI FRIES with CHILLI HONEY **v** £5.50

STARTERS

GARLIC MUSHROOMS **v**

Sautéed chestnut, oyster & flat mushrooms with garlic,
lemon & parsley cream and toasted baguette

GAMBAS AL PIL PIL +£1.50

7 King prawns pan fried with garlic & chilli olive oil
served with toasted baguette

CALAMARI FRITTI

Paprika floured squid rings, aioli & fresh lemon

SOUP DU JOUR **v**

Soup of the day served with baked sourdough

CHICKEN LIVER & ROSEMARY PÂTÉ

Clarified butter & pink peppercorns, toasted baguette & spiced plum chutney

CHARGRILLED LAMB KÖFTAS

Served with carrot, orange & raisin salad, mint yoghurt & toasted pitta

CHARGRILLED KEBABS

All skewered with red onion, courgette & peppers
with mixed leaf salad, mint yoghurt & toasted pitta

	2 COURSES	3 COURSES
MIXED KEBAB 300g Piri-piri chicken, chorizo, lamb rump & pork loin	£22.95	£26.95
PIRI-PIRI CHICKEN 200g Piri-piri chicken	£17.95	£21.95
PIRI-PIRI CHICKEN & CHORIZO 250g Piri-piri chicken & chorizo	£18.95	£22.95
CYPRIT HALLLOUMI v * Lemon caper chilli dressing	£17.95	£21.95
MARINATED PORK LOIN 200g marinated pork loin	£22.95	£26.95

SIDES

SKIN-ON FRIES **v** £3.95

TRUFFLE & GRANA PADANO FRIES £4.95

SWEET POTATO FRIES **v** £4.95

HALLOUMI FRIES with CHILLI HONEY **v** £5.50

DESSERTS

See overleaf

DESSERTS

TRIPLE CHOCOLATE BROWNIE **v**

Triple chocolate brownie, chocolate sauce & vanilla ice cream

STICKY TOFFEE PUDDING **v**

Steamed sponge date pudding, toffee sauce & vanilla ice cream

FRANGIPANE & RASPBERRY TART **v n**

Vanilla ice cream & raspberry coulis

RASPBERRY or BLOOD ORANGE SORBET **ve**

3 scoops served with fresh mint

LEMON TART *** v**

Chantilly cream & raspberry coulis

APPLE & BLACKBERRY CRUMBLE **v**

Served with a choice of warm custard or vanilla ice cream



DIETARY INFORMATION

Our easy to use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information.

Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know before ordering.

v = made with vegetarian ingredients

ve = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this.

If you require more information, please ask your server.

n = this dish contains nuts

***** = this dish contains alcohol

Fish dishes may contain small bones. Weights stated are approximate uncooked weights. Live nutrition information is available online.

All items are subject to availability. Due to the presence of nuts in some products, there is a small possibility that nut traces may be found in any of our menu items.

For parties of 8 or more, a discretionary 10% service charge will be added to the bill.

egorestaurants.co.uk