

VEGAN MENU

APPETISERS

STONEBAKED GARLIC PIZZA BREAD 923 kcal	£4.45
GARLIC PIZZA BREAD with TOMATO 931 kcal	£5.45
GARLIC PIZZA BREAD with VEGAN MOZZARELLA 1104 kcal	£5.65
½ VEGAN MOZZARELLA & ½ TOMATO 1021 kcal	£6.25
FRESH BAKED BAGUETTE, EXTRA VIRGIN OLIVE OIL & BALSAMIC VINEGAR 752 kcal	£2.95
with MIXED OLIVES 860 kcal	£4.45
MIXED OLIVES 108 kcal	£2.95

STARTERS

GARLIC MUSHROOMS Sautéed field & wild mushrooms with garlic, lemon & parsley with toasted bread 373 kcal	£5.45
COURGETTE & SWEETCORN FRITTERS n Homemade spiced fritters, carrot, raisin & orange salad, red pepper tapenade, hummus & toasted dukka 355 kcal	£5.45
GRILLED PITTA with HUMMUS, TOASTED DUKKA & ROASTED GARLIC OIL n 682 kcal	£3.95

MAIN COURSES

COURGETTE & SWEETCORN FRITTERS n Homemade spiced fritters, carrot, raisin & orange salad, red pepper tapenade, hummus & toasted dukka 734 kcal	£11.45
MOROCCAN FALAFEL n Moroccan falafel spiced vegetables, fruity couscous, flaked almonds, hummus & toasted pitta bread 1433 kcal	£11.95
VEGETABLE PAELLA Artichoke, courgette, aubergine and tomato with mixed peppers, green beans & peas 802 kcal	£9.95
ROASTED MEDITERRANEAN VEGETABLE LINGUINE Roasted Mediterranean vegetables & tomato sauce 715 kcal	£9.95
MARGHERITA PIZZA Tomato, vegan mozzarella, fresh basil 771 kcal	£7.95
MEDITERRANEAN VEGETABLE PIZZA Courgette, roasted peppers, aubergine & red onion, with caramelised onions, vegan mozzarella & rocket 929 kcal	£8.95

SIDES

SKIN-ON FRIES 356 kcal	£2.45
SWEET POTATO FRIES 352 kcal	£3.45
TENDERSTEM BROCCOLI, GARLIC, CHILLI & TOASTED ALMONDS n 135 kcal	£2.95
SAUTÉED GREEN BEANS & SALSA VERDE 102 kcal	£2.95
ROAST MEDITERRANEAN VEGETABLES 284 kcal	£3.45

DESSERTS

WARM FRANGIPANE & RASPBERRY TART n Served with vegan vanilla ice cream & raspberry coulis 443 kcal	£5.45
FRESH FRUIT SALAD Strawberries, raspberries, apple & oranges 90 kcal	£4.95
RASPBERRY or BLOOD ORANGE SORBET 3 scoops served with fresh mint 167 kcal	£5.45
ICE CREAM 3 scoops of vegan vanilla or chocolate ice cream 197 kcal	£5.45

PRIX FIXE MENU

Mon-Sat until 5.30pm

2 Courses £12.95 3 Courses £15.95

STARTERS

Garlic Mushrooms 373 kcal
Courgette & Sweetcorn Fritters n 355 kcal
Grilled Pitta with Hummus n 682 kcal

MAIN COURSES

Courgette & Sweetcorn Fritters n 734 kcal
Roasted Mediterranean Vegetable Linguine 715 kcal
Margherita Pizza 771 kcal
Mediterranean Vegetable Pizza 929 kcal
Vegetable Paella 802 kcal

DESSERTS

Fresh Fruit Salad 90 kcal
Raspberry or Blood Orange Sorbet 167 kcal
Vegan Ice Cream 197 kcal



JOIN THE EGO CLUB TODAY

Ask one of the team about joining the Ego Club for exclusive offers & Ego news.

Due to the presence of nuts in some products, there is a small possibility that nut traces may be found in any of our menu items.

The recommended daily calorie intake for women is 2000 kcal and for men is 2500 kcal.

For parties of 8 or more, a discretionary 10% service charge will be added to the bill, thank you.

n contains nuts

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