

ego  
mediterranean

DINE OUT  
AT EGO



## TWO DINE FOR £30. CHOOSE ANY MAIN COURSE EACH, PLUS A STARTER OR DESSERT. ADD A BOTTLE OF HOUSE WINE FOR £10.

### STARTERS

#### SOUP DU JOUR **v**

Soup of the day with fresh bread  
205 kcal

#### CHORIZO & HALLOUMI SKEWERS

Served on pineapple, red chilli, coriander & spring onion salsa with red pepper tapenade 671 kcal

#### GARLIC MUSHROOMS **v**

Sautéed field & wild mushrooms, garlic, lemon & parsley cream with toasted bread 510 kcal

#### GRILLED GOAT'S CHEESE **v**

Toasted brioche with caramelised red onions, aged balsamic & Jen's beetroot chutney 436 kcal

#### SALMON FISHCAKE

Soft poached egg, lemon & dill hollandaise and mixed leaves 689 kcal

#### CALAMARI FRITTI

Paprika floured squid rings, aioli & fresh lemon 261 kcal

#### GAMBAS AL PIL PIL

7 King prawns pan-fried with garlic & guindilla chillies, toasted bread  
856 kcal

#### BREADED CAMEMBERT **v**

Panko breaded Camembert with mixed dressed leaves & Maria's tomato chilli marmalade 481 kcal

#### CHICKEN LIVER & ROSEMARY PÂTÉ

Clarified butter & pink peppercorns, toasted bread & spiced plum chutney 392 kcal

#### KING PRAWN COCKTAIL

Poached prawns, shredded baby gem, cucumber & sundried tomatoes with Marie Rose sauce & granary bread 412 kcal

### MAIN COURSES

#### PAN-ROASTED CHICKEN SUPRÊME

Creamed leek, spring pea, mushroom, tarragon & truffle gnocchi 1074 kcal

#### 227g PRIME RUMP

Chargrilled and served with confit tomato, grilled mushroom, salt & vinegar onion rings, dressed rocket & skin-on fries 1050 kcal

#### LEMON CHICKEN MILANESE

Rocket, sundried tomato & Grana Padano salad, lemon caper chilli dressing and skin-on fries 1381 kcal

#### COURGETTE & SWEETCORN FRITTERS **ve n**

Homemade spiced fritters, carrot, raisin & orange salad, red pepper tapenade, hummus & toasted dukka  
734 kcal

#### PEPPERONI PICCANTE PIZZA

Tomato, mozzarella, pepperoni, sliced red chillies 1166 kcal

#### HANGING 200g PIRI-PIRI CHICKEN KEBAB

Skewered with red onion, courgette & peppers with mixed leaf salad, mint yoghurt & tortillas 1015 kcal

#### DUO OF PORK

Serrano ham wrapped fillet & honey glazed belly pork with braised savoy cabbage & pancetta, wholegrain mustard sauce & dauphinoise potatoes  
1643 kcal

#### MOROCCAN LAMB **n**

Slow cooked spiced lamb with Moroccan vegetables, fruity couscous, flaked almonds, mint yoghurt & toasted pitta bread 1832 kcal

#### PAN-FRIED SEA BASS FILLETS

With parmentier potatoes, roasted chorizo, cherry tomatoes, red onion & rocket 984 kcal

#### SPAGHETTI CARBONARA

Spaghetti tossed with pancetta, cream & Grana Padano 1290 kcal

#### TRADITIONAL GREEK SALAD **v**

Feta, cherry, plum & sundried tomatoes, Kalamata olives, red onion, cucumber, roquito pepper pearls, capers, oregano 596 kcal

#### CYPRriot HALLOUMI KEBAB **v**

Skewered with red onion, courgette & peppers with mixed leaf salad, mint yoghurt & tortillas 1179 kcal

#### PAELLA MIXTA

Chicken, chorizo, King prawns, squid, mussels, mixed peppers, tomato, green beans & peas 1137 kcal

#### VEGETABLE PAELLA **ve**

Artichoke, courgette, aubergine and tomato, mixed peppers, green beans & peas 802 kcal

#### MOROCCAN FALAFEL **v n**

Spiced vegetables, fruity couscous, flaked almonds, mint yoghurt & toasted pitta bread

### DESSERTS

#### WARM TRIPLE CHOCOLATE BROWNIE

Triple chocolate brownie, chocolate fudge sauce & vanilla pod ice cream  
713 kcal

#### STICKY TOFFEE PUDDING

Steamed sponge date pudding, toffee sauce & vanilla pod ice cream 856 kcal

#### WARM FRANGIPANE & RASPBERRY TART **n**

Vanilla pod ice cream & raspberry coulis 374 kcal

#### RASPBERRY or BLOOD ORANGE SORBET **ve**

3 scoops served with fresh mint  
167 kcal

#### SICILIAN LEMON TART

Chantilly cream & raspberry coulis  
448 kcal

#### RHUBARB & GIN CRUMBLE

Served with warm custard or vanilla pod ice cream 752 kcal