

VEGAN MENU

APPETISERS

STONEBAKED GARLIC PIZZA BREAD 989 kcal	£4.45
GARLIC PIZZA BREAD with TOMATO 931 kcal	£5.45
GARLIC PIZZA BREAD with VEGAN MOZZARELLA 1104 kcal	£5.65
½ VEGAN MOZZARELLA & ½ TOMATO 1021 kcal	£6.25
FRESH BAKED BAGUETTE, EXTRA VIRGIN OLIVE OIL & BALSAMIC VINEGAR 752 kcal	£2.95
with MIXED OLIVES 860 kcal	£4.45
MIXED OLIVES (gf) 108 kcal	£2.95

STARTERS

GARLIC MUSHROOMS (gf*)	£5.45
Sautéed field & wild mushrooms with garlic, lemon & parsley with toasted baguette 373 kcal	
COURGETTE & SWEETCORN FRITTERS (gf) (n)	£5.45
Homemade spiced fritters, carrot, raisin & orange salad, red pepper tapenade, hummus, & toasted dukka 349 kcal	
GRILLED PITTA with HUMMUS, TOASTED DUKKA & ROASTED GARLIC OIL (n) 664 kcal	£3.95

MAIN COURSES

COURGETTE & SWEETCORN FRITTERS (gf) (n)	£11.45
Homemade spiced fritters, carrot, raisin & orange salad, red pepper tapenade, hummus, & toasted dukka 722 kcal	
MOROCCAN FALAFEL (n) (gf*)	£11.95
Moroccan falafel spiced vegetables, fruity couscous, flaked almonds, hummus & toasted pitta bread 1091 kcal	
VEGETABLE PAELLA (gf)	£9.95
Artichoke, courgette, aubergine and tomato with piquillo peppers, green beans & peas 1139 kcal	
ROASTED MEDITERRANEAN VEGETABLE LINGUINE (gf*)	£9.95
Roasted Mediterranean vegetables & tomato sauce 715 kcal	
MARGHERITA PIZZA	£7.95
Tomato, vegan mozzarella, fresh basil 771 kcal	
MEDITERRANEAN VEGETABLE PIZZA	£8.95
Courgette, roasted peppers, aubergine & red onion, with caramelised onions, vegan mozzarella & rocket 1108 kcal	

SIDES

SKIN-ON FRIES 356 kcal	£2.45
SWEET POTATO FRIES 352 kcal	£3.45
TENDERSTEM BROCCOLI, GARLIC & CHILLI, TOASTED ALMONDS (n) 135 kcal	£2.95
GREEN BEANS 115 kcal	£2.65
ROAST MEDITERRANEAN VEGETABLES 284 kcal	£3.45

DESSERTS

WARM FRANGIPANE & RASPBERRY TART (n) Served with vegan vanilla ice cream & raspberry coulis 315 kcal	£5.45
FRESH FRUIT SALAD Strawberries, raspberries, apple & oranges 90 kcal	£4.95
RASPBERRY or PASSIONFRUIT SORBET 3 scoops served with fresh mint 167 kcal	£5.45
ICE CREAM 3 scoops of vegan vanilla or chocolate ice cream 197 kcal	£5.45

PRIX FIXE MENU

Mon-Sat until 5.30pm

2 Courses £12.95 3 Courses £15.95

STARTERS

Garlic Mushrooms 373 kcal
Courgette & Sweetcorn Fritters (n) 349 kcal
Toasted Pitta Breads & Hummus (n) 664 kcal

MAIN COURSES

Courgette & Sweetcorn Fritters (n) 722 kcal
Roasted Mediterranean Vegetable Linguine 715 kcal
Margherita Pizza 771 kcal
Mediterranean Vegetable Pizza 1108 kcal
Vegetable Paella 1139 kcal

DESSERTS

Fresh Fruit Salad 90 kcal
Raspberry or Passionfruit Sorbet 167 kcal
Vegan Ice Cream 197 kcal