



Port of Monopoli
City of Bari, Italy

SUNDAY A LA CARTE

APPETISERS

STONEBAKED GARLIC PIZZA BREAD (v) 821 kcal	£4.45
with TOMATO (v) 829 kcal	£5.45
with MOZZARELLA (v) 1004 kcal	£5.65
with 1/2 MOZZARELLA & 1/2 TOMATO (v) 916 kcal	£6.25
FRESH BAKED BAGUETTE, EXTRA VIRGIN OLIVE OIL & BALSAMIC VINEGAR (ve) 752 kcal	£2.95
with MIXED OLIVES (ve) 860 kcal	£4.45
MIXED OLIVES (ve) 108 kcal	£2.95
HALLOUMI FRIES with CHILLI HONEY (v) 445 kcal	£4.25
GRILLED PITTA with HUMMUS, TOASTED DUKKA & ROASTED GARLIC OIL (ve) (n) 664 kcal	£3.95

EGO SHARING BOARD

£12.95

Calamari fritti, chorizo & halloumi skewers, salmon fishcakes, spiced falafel, grilled pitta, tzatziki, hummus, aioli & red pepper tapenade 1577 kcal

STARTERS

SOUP DU JOUR (v)	£4.55
Soup of the day served with fresh bread 395 kcal	
CHORIZO FRITO AL VINO	£5.45
Braised in red wine, garlic, rosemary & thyme served with toasted baguette 776 kcal	
GARLIC MUSHROOMS (v)	£5.45
Sautéed field & wild mushrooms, garlic, lemon & parsley cream with toasted baguette 510 kcal	
PANKO CRUMBED IBERIAN BELLY PORK (n)	£5.65
Black pudding, toasted walnuts, mixed leaves & apple mayonnaise 626 kcal	
CALAMARI FRITTI	£5.65
Paprika floured squid rings, aioli & fresh lemon 368 kcal	
GRILLED GOAT'S CHEESE (v)	£5.65
Toasted brioche with caramelised red onions, aged balsamic & Jen's beetroot chutney 654 kcal	
SALMON FISHCAKE	£6.25
Soft poached egg, lemon & dill hollandaise and mixed leaves 683 kcal	
GAMBAS AL PIL PIL	£6.25 / £8.65
7 or 12 King prawns pan fried with garlic & guindilla chillies, toasted bread 840 kcal / 894 kcal	
BREADED CAMEMBERT (v)	£5.65
Panko breaded Camembert with mixed dressed leaves & cranberry compote 506 kcal	
MOULES MARINIÈRES	£7.95
Fresh rope mussels, shallots, parsley & garlic in white wine cream served with fresh baguette 852 kcal	
CHICKEN LIVER & ROSEMARY PÂTÉ	£4.95
Clarified butter & pink peppercorns, toasted baguette & Maria's chilli tomato marmalade 528 kcal	

MAIN COURSES

LEMON CHICKEN MILANESE	£12.95
Rocket, sun blushed tomato & Grana Padano salad, lemon caper chilli dressing and skin-on fries 1382 kcal	
PAN-FRIED SEA BASS FILLETS	£15.95
With roasted chorizo, cherry tomatoes, red onion, sautéed new potatoes & rocket 1043 kcal	
COURGETTE & SWEETCORN FRITTERS (ve) (n)	£11.45
Homemade spiced fritters, carrot, raisin & orange salad, red pepper tapenade, hummus, & toasted dukka 722 kcal	
MOROCCAN LAMB (n)	£14.95
Slow cooked spiced lamb with Moroccan vegetables, fruity couscous, flaked almonds, tzatziki & toasted pitta bread 1548 kcal	
SLOW COOKED BEEF BOURGUIGNON	£14.95
Served with pommes purée, pancetta wrapped green beans & root vegetable crisps 1075 kcal	
MOROCCAN FALAFEL (v) (n)	£11.95
Spiced vegetables, fruity couscous, flaked almonds, tzatziki & toasted pitta bread 1091 kcal	
PAN-ROASTED COD SUPRÊME	£15.95
Crushed new potatoes, with buttered greens beans & white wine cream 992 kcal	
TRADITIONAL GREEK SALAD (v)	£11.95
Greek feta from Trikala PDO, cherry, plum & sun blushed tomatoes, Kalamata olives, red onion, cucumber, piquillo peppers, capers, oregano 596 kcal	
with GRILLED LEMON CHICKEN 900 kcal	+£2
SIDES	
SKIN-ON FRIES 356 kcal	£2.45
TRUFFLE & GRANA PADANO FRIES 417 kcal	£3.25
SWEET POTATO FRIES 352 kcal	£3.45
HALLOUMI FRIES with CHILLI HONEY 445 kcal	£4.25
GRATIN DAUPHINOISE 400 kcal	£3.25
GREEK SALAD 237 kcal	£3.45
TENDERSTEM BROCCOLI, GARLIC & CHILLI, TOASTED ALMONDS (n) 120 kcal	£2.95
BUTTERED GREEN BEANS 100 kcal	£2.65
MEDITERRANEAN VEGETABLES & PESTO (n) 382 kcal	£3.45
ROCKET & GRANA PADANO SALAD 121 kcal	£3.45

CHARGRILLED KEBABS

All skewered with red onion, courgette & peppers with mixed leaf salad, tzatziki & tortillas

MIXED KEBAB 300g Piri-piri chicken, chorizo, lamb rump & belly pork 1438 kcal	£16.45
PIRI-PIRI CHICKEN & CHORIZO 250g Piri-piri chicken & chorizo 1235 kcal	£13.95
PIRI-PIRI CHICKEN 200g Piri-piri chicken 1008 kcal	£12.95
CYPRIOT HALLOUMI (v) Lemon caper chilli dressing 1167 kcal	£13.25
Truffle & Grana Padano fries	£3.25
Skin-on fries	£2.45
Sweet potato fries	£3.45
Halloumi fries with chilli honey	£4.25

STEAK FRITES

All chargrilled and served with grilled vine plum tomato, sautéed flat mushroom, dressed rocket & skin-on fries

227g SIRLOIN 917 kcal	£16.95
227g PRIME RUMP 956 kcal	£14.95
170g FILLET 849 kcal	£20.95
280g RIBEYE 1117 kcal	£18.95
Swap to truffle & Grana Padano fries	+£1.50
Swap to sweet potato fries	+£1.50
Garlic butter 160 kcal	£1.50
Peppercorn sauce 121 kcal	£2.00
King prawn skewers 113 kcal	£3.95

STONEBAKED SOURDOUGH PIZZA

MARGHERITA (v) Tomato, mozzarella, fresh basil 806 kcal	£7.95
CHARGRILLED CHICKEN Roquito pepper pearls, red onion, tomato & mozzarella 878 kcal	£9.45
GOAT'S CHEESE & CARAMELISED ONION (v) Roasted Mediterranean vegetables & fresh rocket 1299 kcal	£8.95
PEPPERONI PICCANTE Tomato, mozzarella, pepperoni, sliced red chillies 1166 kcal	£9.45
CREATE YOUR OWN PIZZA Add any 3 pizza toppings from above or listed below to a Margherita: 1095 kcal King prawns / Black olives / Chorizo / Pancetta Mushrooms / Serrano ham / Artichokes / Pineapple	£9.95

SUNDAY ROASTS Available all day

1 Course £13.95 2 Courses £17.95 3 Courses £21.95

STARTERS

SOUP DU JOUR (v)

Soup of the day served with fresh bread 395 kcal

GARLIC MUSHROOMS (v) (ve*)

Sautéed field & wild mushrooms, garlic, lemon & parsley cream with toasted baguette 510 kcal

PANKO CRUMBED IBERIAN BELLY PORK (n)

Black pudding, toasted walnuts, mixed leaves & apple mayonnaise 626 kcal

GAMBAS AL PIL PIL (+£1.50)

7 King prawns pan fried with garlic & guindilla chillies, served with toasted bread 840 kcal

GRILLED GOAT'S CHEESE (v)

Toasted brioche with caramelised red onions, aged balsamic & Jen's beetroot chutney 654 kcal

CHICKEN LIVER & ROSEMARY PÂTÉ

Clarified butter & pink peppercorns, toasted baguette & Maria's chilli tomato marmalade 528 kcal

MAIN COURSES

TRIO OF ROASTS (+£4)

Rump of beef, pork fillet & roast chicken with pork, sage & onion stuffing 1525 kcal

AGED PRIME RUMP OF BEEF

Served pink with horseradish sauce 1237 kcal

PAN-ROASTED PORK FILLET

Wrapped in Serrano ham, served with sage & onion stuffing and apple sauce 1348 kcal

PAN-ROASTED CHICKEN SUPRÊME

Served with pork, sage & onion stuffing, & cranberry sauce 1394 kcal

ROAST MINTED LAMB RUMP (+£4)

Served pink with mint sauce 1296 kcal

SUN-DRIED TOMATO NUT ROAST (v) (n) (ve*)

Chopped walnuts, button mushrooms, sunflower seeds, sundried tomatoes, fennel, basil & tarragon 1271 kcal

All served with roast potatoes, Yorkshire pudding, roasted carrots & parsnips, braised red cabbage, green beans and homemade gravy.

SIDE ORDERS

CAULIFLOWER CHEESE to SHARE 392 kcal	£3.95
PIGS IN BLANKETS 448 kcal	£3.95
GRATIN DAUPHINOISE 400 kcal	£3.25
ROAST POTATOES 408 kcal	£2.95
YORKSHIRE PUDDING 230 kcal	£1.00

DESSERTS

Choose any dessert from our dessert menu

CHILDREN'S ROASTS 2 Courses £12.95

A junior version of Roast Beef, Chicken or Nut Roast plus a dessert.



JOIN THE EGO CLUB TODAY

Ask one of the team about joining the Ego Club for exclusive offers & Ego news.

If you would like any dietary or allergen information or to see our
Gluten Free & Vegan menus, please just ask our team.

Due to the presence of nuts in some products, there is a small possibility
that nut traces may be found in any of our menu items.

The recommended daily calorie intake for women is 2000 kcal and for men is 2500 kcal.

For parties of 8 or more, a discretionary 10% service charge will be added to the bill, thank you.

(v) vegetarian (ve) vegan (n) contains nuts (gf) gluten free